

**we build character,  
we build friendships,  
we build skills,**



**STURGEON LAKE MINOR  
HOCKEY ASSOCIATION  
Est. 2010**

(Formerly the Fenelon Falls  
District Minor Hockey Assoc.  
and the Bobcaygeon Minor  
Hockey Assoc.)

**THE "THUNDERBOLT"  
NEWSLETTER  
March 2018**

Welcome to the Thunderbolt Newsletter, a SLMHA communication Tool that will be sent out periodically to update, inform and bolster support for our Minor Hockey Organization. The Newsletter will also be available online at [www.sturgeonthunderhockey.ca](http://www.sturgeonthunderhockey.ca) for download.

**GO.THUNDER.GO**

Congratulations to all SLMHA Thunder Teams on a great season!

I would like to personally thank all of our Coaching Staff, Team Sponsors, Canteen workers, Gate attendants and everyone who volunteered their time again this season. It is very much appreciated! To our executive members, it's hard to put into words, your dedication and commitment to this association. It is by far over the top. We are truly lucky to have these folks in our hockey community.

Please note below important dates to mark on your calendars.

Lastly – volunteers are needed to run an association like ours. Registration is at an all-time high of 300+ children – please get involved – our association is in your hands.

Thank You Again,  
Jim Van Dusen, President SLMHA

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### NOTICE OF ANNUAL GENERAL MEETING

The annual general meeting for SLMHA will be held on **Tuesday, April 3<sup>rd</sup>, at the Fenelon Falls Arena / 7:00 p.m.** If you, or someone you know might be interested in running for a position on the Board of Directors, please forward their name and position to the Secretary. Nominations will also be accepted from the floor at the meeting. The following positions are open for nomination this year:

**1<sup>st</sup> Vice President (OMHA) / Secretary / Three County Representative / Registration Director / Fundraising Chairperson / Tournament Director / Equipment Manager / Referee in Chief**

Each year Non-Voting Directors are appointed to assist the Board in various capacities. If you are interested in helping in this way or learning more about this, please contact Jim Van Dusen.

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### SLMHA DANCE WITH LIVE MUSIC FROM LIVE ON THE LINE!



Put your dancing shoes on – more details to be posted on the SLMHA web-site  
Mark your calendars -- April 14<sup>th</sup>, 2018

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### AWARDS Day / Night

Please take note of the date and time below for your awards presentation. **Presentations will be made at the Fenelon Falls Community Centre in the Community Room.**

<b>March 10, 2018 – 1:30 pm</b>	<b>All House League players</b>
<b>March 10, 2018 – 1:30 pm</b>	<b>Introduction to Hockey</b>
<b>April 16, 2018 – 6:30 pm</b>	<b>Mite, Tyke, Novice and Atom players</b>
<b>April 16, 2018 – 8:00 pm</b>	<b>Peewee, Bantam, Midget players</b>

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**AWARD NOMINATIONS**

The executive is taking nominations for the following awards:

<b>The Sterling Jermyn Award</b>	The Award is to be presented to an individual in recognition for having provided Outstanding Service to Sturgeon Lake Minor Hockey (this individual does not have to be an active member of the association).
<b>The Dar Kimble OMHA Coaching Award</b>	<p>This is to be awarded on the following criteria:</p> <ul style="list-style-type: none"> <li>• Love of the game of hockey; Enjoys working with players of all skill levels to help develop them to their full potential; Promotes fair play; Promotes sportsmanship;</li> <li>• Promotes team comradery; Promotes players that the Association and area can be proud of;</li> <li>• Follows the rules and regulations of the game, OMHA and SLMHA</li> </ul>
This criterion is given to each team and each team will advise the award committee, in writing, why they nominate their coach. These nomination submissions will be read by the executive. The executive will then make the final decision based on the submitted nominations.	
<b>The George Trill Three County Coaching Award</b>	<p>The Award is to be awarded on the following criteria:</p> <ul style="list-style-type: none"> <li>• Love of the game of hockey;</li> <li>• Enjoys working with players of all skill levels to help them develop to their full potential;</li> <li>• Promotes fair play;</li> <li>• Promotes sportsmanship;</li> <li>• Promotes team comradery;</li> <li>• Players that the Association and Area can be proud of;</li> <li>• Follows the rules and regulations of the game, TCHL and SLMHA.</li> </ul>
This criterion is given to each team and each team will advise the award committee, in writing, why they nominate their coach. These nomination submissions will be read by the executive. The executive will then make the final decision based on the submitted nominations.	

**New Award this year:**

**Manager of The Year Award:** This award is presented to a SLMHA Team Manager who has shown dedication to their team through countless hours of volunteer work. This person has displayed exceptional organizational and planning skills. This person has a positive impact on their respective team, has shown effective communication and promotes genuine respect for players, coaches, officials, opponents and parents. This person represents a positive public image for Sturgeon Lake Minor Hockey. The Executive will review nominations with supporting information and vote on a winner. If no unanimous winner is determined, randomly select a recipient. If no nominations are received, the executive should select a deserving manager.

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## REGISTRATION

Registration fees will not increase for the 2018/19 season.

1) **FINAL payment is due by AUGUST 1<sup>ST</sup>, 2018**

2) **Late Payment comes in effect AUGUST 2<sup>ND</sup>, 2018**

3) **If you are not registered by May 30<sup>th</sup>, you will be placed on a waiting list and the Board will make a decision on a case by case basis.**

4) Parent RIS course is mandatory for participation.

## ONLINE REGISTRATION:

Registrations will only be accepted online. Please go to [www.sturgeonthunderhockey.ca](http://www.sturgeonthunderhockey.ca) and click on the "Registration" tab on the left-hand side navigation bar. Please read the directions carefully and choose the Program that best suits your child.

If you have difficulty registering online, please contact Sarah Spivey at [registration@sturgeonthunderhockey.ca](mailto:registration@sturgeonthunderhockey.ca)

## RATES FOR 2018-19 SEASON

### Payment Options:

1. Payment in full at time of registration.
2. Payment of \$50 per player upon registration plus one post-dated cheque for August 1, 2018.
3. Payment of \$50 per player upon registration plus post-dated cheques over the summer.

**Cheques should be made payable to SLMHA or you can etransfer to [treasurer@sturgeonthunderhockey.ca](mailto:treasurer@sturgeonthunderhockey.ca) with a password emailed separately for acceptance.**

### **Recommended Payment Plan for Early Registration Tyke and above (prior to May 30<sup>th</sup>)**

	April 1/18	May 1/18	June 1/18	July 1/18	Aug 1/18	Total Early
1 player	\$50.00	\$175.00	\$175.00	\$175.00	\$175.00	\$750.00
2 players	\$100.00	\$275.00	\$275.00	\$275.00	\$275.00	\$1,200.00
3 players	\$150.00	\$350.00	\$350.00	\$350.00	\$350.00	\$1,550.00
4 players	\$200.00	\$425.00	\$425.00	\$425.00	\$400.00	\$1,875.00

**Note:** payments dated other than the 1<sup>st</sup> of the month may not be cashed on time. There is an admin fee of \$25 for returned cheques.

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**RATES FOR 2018-19 SEASON**

<b>Early Savings Discount Rate</b>	<b>Standard Payment Rate</b>	<b>Late Fee Registration</b>
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	<b>Registration</b>	<b>Fundraising</b>	<b>Before May 30, 2018</b>	<b>Before July 31, 2018</b>	<b>After August 1, 2018</b>	<b>Late Fee</b>
Intro to Hockey / Pre School (3,4,5 yrs. old)	\$275.00		\$275.00	\$275.00	\$275.00	N/A
Initiation (5 & 6 yrs. old)	\$500.00	\$100.00	\$600.00	\$600.00	\$800.00	\$200.00 late fee
1 player - tyke & above (7 yrs. to 17 yrs. old)	\$750.00	\$100.00	\$750.00	\$850.00	\$1050.00	\$200.00 late fee.
2 Players - tyke & above (7 yrs. to 17 yrs. old)	\$1,200.00	\$100.00	\$1,200.00	\$1,300.00	\$1,500.00	\$200.00 late fee
3 Players - tyke & above (7 yrs. to 17 yrs. old)	\$1,550.00	\$100.00	\$1,550.00	\$1,650.00	\$1,850.00	\$200.00 late fee
4 Players - tyke & above (7 yrs. to 17 yrs. old)	\$1,875.00	\$100.00	\$1,875.00	\$1,975.00	\$2,175.00	\$200.00 late fee
House League (8-10 years old)	\$325.00		\$325.00	\$325.00	\$375.00	\$50.00 late fee
House League (11-14 years old)	\$325.00		\$325.00	\$325.00	\$375.00	\$50.00 late fee

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## COACHES, TRAINERS & MANAGERS are needed FOR 2018-19 SEASON

### Interested in helping with your son/daughter's hockey team?

1. If you or anyone you may know is interested in coaching Three County at any level or assisting with any OMHA or TC team in an assistant coach, trainer or manager role, please contact the Supervisor of Coaches, Managers and Trainers, Brian Taylor, at [briantaylorst@gmail.com](mailto:briantaylorst@gmail.com).
2. Interviews for OMHA Head Coaches will occur in late February/March. If you are interested in being a Head Coach for Three County, you will be contacted for an interview, only if there are additional applicants.
3. Once approved by the SLMHA executive, you will need to set up an E Hockey account through the Hockey Canada registry. (only if you don't already have one – **do not** create a second one) For more information click the following link. [Setting up E Hockey](#).
4. All volunteers must complete the Gender Identity and Expression online course ([link here](#)) through the OMHA. Scroll down and click on the Gender Identity and Expression Course. You need only complete it once and then it will be added to your E Hockey account.
5. All volunteers must complete the Respect in Sport-Activity Leader ([link here](#)) online module through the OMHA. You need only complete it once and it should be in your E Hockey account. [Respect in Sport -Activity Leader](#).
6. All volunteers must complete a Vulnerable Sector Record Check through their local police provider. If you are in City of Kawartha Lakes, it is the OPP in Lindsay. If you are in Trent Lakes, it is the OPP in Peterborough. If you live in Lindsay or Ops Township it is the municipal police service in Lindsay. The President will provide you with a volunteer letter to take with you so there is no charge.
7. Coaches: Register for the appropriate coaching clinic through the OMHA website. Click on the link. ([Coach Education - Coaching Clinics](#)) Then click on Coaching Clinic listings and scroll down to find one that satisfies the necessary requirements. ([2018-19 OMHA Coaching Staff Requirements](#))
8. Trainers: Complete the online trainer's course through the OMHA. ([follow instructions for online level 1 trainer's course](#))
9. Once you have completed the online Respect in Sport-Activity Leader course and the appropriate coaching/trainer's course, forward your receipts to the SLMHA Treasurer ([treasurer@sturgeonthunderhockey.ca](mailto:treasurer@sturgeonthunderhockey.ca)). SLMHA will reimburse 50% of your costs the first year you are rostered to a SLMHA team and the remaining 50% when you are rostered for a second season with a SLMHA team.

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### OMHA TRY-OUTS 2018-19

OMHA try-outs will occur during the spring, depending on ice availability. Announcement will follow soon, so please check the SLMHA web-site for up-dates. All players trying out for an OMHA team must be registered and ALL registration fees paid in full. There will be a try-out fee of \$30 per player, due prior to the first try-out. Following the second try-out, selected players will be invited to the third and subsequent try-outs. Any player unavailable to attend either of the first two try-outs must contact the appropriate OMHA coach (Head Coaches will be posted on SLMH website when selected by the Executive) and e-mail Brian Taylor @ [briantaylorst@gmail.com](mailto:briantaylorst@gmail.com).

### REFEREES

Our organization is in desperate need of home referees. As you should be aware, if there are no refs, there will be no hockey! We need to find 3-4 new referees for next season. We currently do not have any junior refs and only have three senior refs. Without home refs the mileage fees incurred to bring in outside referees increases dramatically and this expense needs to be covered by registration fees, fundraising, etc. If you have considered becoming a referee, please contact Zyg Kaminski at [kaminskizyg@gmail.com](mailto:kaminskizyg@gmail.com) for more information.

We would like to extend a huge THANK YOU to the Referees that have made themselves available to our association. Without referee's we would have no games. Note to all spectators, coaching staff: **PLEASE SHOW RESPECT TO THESE OFFICIALS!** Their role is vital to the future of hockey for your kids!

### FUNDRAISING WINNERS

Congratulations to the winners of the following Fundraising prizes:

#### **Raffle Ticket Draw**

- 7<sup>th</sup> prize - Headphones - Richard Liversage
- 6<sup>th</sup> prize - Four rounds of golf - Lesley Theriault
- 5<sup>th</sup> prize - Folding chairs - Bruno Diesberger
- 4<sup>th</sup> prize - Hockey bag - Wendy Shulte
- 3<sup>rd</sup> prize - Tablet - Lyndsay Wesslink
- 2<sup>nd</sup> prize - Print - Nolan Scarlett
- 1<sup>st</sup> prize - Drone - Jeanine Jenkinson

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### SPONSORS / COACH'S

We would like to acknowledge the following team coaches and sponsors for the 2017-18 hockey season:

<u>Team</u>	<u>Coach</u>	<u>2017 / 2018 Season.</u>
House League	Jason Simmons / Aaron Belton Greg Handley / Cole MacLaren	Tim Hortons
House League	Jason Simmons / Mike Turpin Dwayne Patterson / Ken Kirby	
Intro to Hockey	Craig Jermyn	
Mite - Red	Craig Jermyn	Fenelon Falls Legion Branch 238
Mite - White	Pat Flynn	A Step Ahead Foot Clinic
Mite- Black	Karl Cousineau / Tim Pearson	Country Ford Lincoln
Tyke	Mike Harvey / Karl Cousineau	Sobeys Fenelon Falls
Novice - OMHA	Jordan Rodger	Strang's Valu-Mart
Atom - OMHA	Andrew Rea/Lacey Kimble	Handley Lumber
Atom - White	TJ Lee / Mike Harvey	Godfathers Pizza
Peewee - OMHA	Lance Junkin	Integrity Home & Cottage
Peewee - Black	Geoff Ingram	Kawartha Wholesale Bakery
Peewee - White	Wayne Verge	British Empire Fuels
Bantam - OMHA	Aaron Jermyn	Jermyn Lumber
Bantam - Red	Stacy Eason	Kawartha Dairy Ltd.
Bantam - White	John Whitten / Brian Carpenter	Safe Haven Senior Living
Midget - OMHA	Mark Dudman	Rosedale Construction.
Midget - Red	Paul Hannivan	G. Hart & Sons Well Drilling Ltd.
Midget - White	Jason Scarlett	Buckeye Marine
Puck Sponsor	Elwood Homes	Elwood Homes

### WEBSITE

Don't forget to check the website often [sturgeonthunderhockey.ca](http://sturgeonthunderhockey.ca) for scheduling changes, news, stats etc. Don't forget to update your website subscription options on the bottom left corner of our webpage. If you don't keep your email address up to date you will not receive the "blast outs" of information which include communications and game notifications, etc.



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In an effort to better communicate the levels of hockey, SLMHA are offering for the 2018 / 2019 season, please read below.

### **Intro to Hockey / Pre-School (3,4,5 years old)**

**Never played hockey** - Introduce your son or daughter to Canada's favorite game, in a fun, supportive environment. The Intro to Hockey program is designed to teach fundamental hockey skills to your son or daughter, in-order to ensure they are ready for their first year of hockey. Each player will receive instruction that will increase their confidence on the ice and familiarize them with all aspects of the game. Our lesson plans are designed to be FUN for all participants.

We believe that perfection and excellence come through repetition and as such all sessions will follow the same basic program, outline and structure with new drills and other small variations.

**Amount of ice time per week – 1 hour / every Saturday.**

**No games - skills are the focus.**

**Registration Payment Due – August 1<sup>st</sup> deadline.**

Season Starts in October / Ends March

### **Initiation (5 & 6 years old)**

The main goal is to make the beginner's first impression of hockey a good one! When players get started on a positive note, they automatically enjoy the game and usually go on to have fun playing hockey for many years. Hockey Canada developed the Initiation Program to make the first contact with hockey a safe and positive experience. It is a structured, learn-to-play hockey program designed to introduce beginners to the game's basic skills. It enables participants to become contributing members of a team, develop self-confidence, and experience a sense of personal achievement. These goals are achieved in an atmosphere of fun and fair play.

**Amount of ice time per week: 2 - 1-hour time slots + away games once they start.**

**Games - Skills + Cross Ice Games. (Games to start mid to late December)**

Registration Payment Due – August 1<sup>st</sup> deadline.

Season - Starts in October / Ends March

### **Tyke Hockey (7 years old)**

**Starting in the 2017-2018 season, the Tyke program underwent structural changes in an effort to better develop our players, provide a program that better suits the needs of our players and most of all, make the experience more positive and enjoyable for all our Tyke players.** The intent is to provide a better experience to our players while they learn the basic skills and grow a fundamental foundation for years to come.

**Amount of ice time per week: 2 / 1-hour time slots + 1,2 away game dates pending schedule.**

**Games – Skills + Half Ice Games**

Registration Due – August 1<sup>st</sup> Deadline

Season – Starts in September / Ends March

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### Novice (8 years old)

**Amount of ice time per week: 2 - 1-hour time slots, plus 1,2 away game dates pending schedule.**

#### **Levels offered:**

- OMHA Rep Hockey
- Three County Hockey

**Games – Skills + full ice in the year of 2018 only.**

**\*\* Note – 2019 / 2020 moving to Half Ice Games**

Registration Payment Due – August 1<sup>st</sup> deadline.

Season – Starts in September / Ends March

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Atom and above offer two levels of hockey:

#### Levels offered:

- OMHA Rep Hockey
- Three County Hockey

Atom - (9 & 10 years old mix)

Peewee - (11 & 12 years old mix)

Bantam - (13 & 14 years old mix)

Midget - (15,16 & 17 years old mix)

### **HOUSE LEAGUE**

We had another fun and successful house league season. Thank you to the coaching staff, helpers and parents! The SLMH Association's House League Program is focused on a **fun and inclusive** environment for hockey players of **all skill levels**. Equal ice time for all players and a commitment to keeping the game fun for all is our priority.

The 2018/19 House League Season will run from October 2018 to March 2019.

Games 80% / skills 20%.

**Registration Payment Due – August 1st deadline.**

Amount of ice time per week: 1-hour week.

**Please note this program will only run if there are sufficient participants**

**Jr. Level – ages 8-10**

**Sr. Level – ages 11-14**